How do I pick the right size?

Start with Your HOOP:



Measure the diameter of your hoop, the distance across at the widest point, from the OUTSIDE edge to the opposite OUTSIDE edge of the outer hoop. Measure to the nearest 1/8".

Order this Frame Size:

Frames are named by the hoop size that fits them. When variations are available, the most common size is highlighted.



INSIDE The frame will cover a tiny bit of the fabric around the edge of your work. Best to allow for 1/8" or more around your stitching.



OUTSIDE The wooden frame is between 1" and 1.5" wide. Slim, but enough to cover the hoop's tension screw.

Find your Hoop Size	FRAME:	Inner Hole Size	Outer Frame Size
3.4" for Best Fit Range: 3.2" to 3.6"	3"	3.0"	5.0"
4.2" for Best Fit Range: 4.0" to 4.4"	4"	3.8"	6.0 "
5.25" for Best Fit Range: 5.0" to 5.55" 5.5" for Best Fit Range: 5.4" to 5.7"	most common 5" SM 5" LG	4.8" 5.0"	7.3" 7.4"
6" for Best Fit Range: 5.7" to 6.2" 6.25" for Best Fit Range: 5.9" to 6.45" 6.5" for Best Fit Range: 6.2" to 6.7" 6.81" for Best Fit Range: 6.5" to 7.0"	6" SM 6" MD 6" LG 6" XL	5.5" 5.7" 6.0" 6.3"	8.25" 8.5" 8.75" 8.7"
7 3/8" for Best Fit Range: 6.95" to 7.58"	7"	6.75"	9.35"
 7.9" for Best Fit Range: 7.6" to 8.1" 8 3/8" for Best Fit Range: 8.0" to 8.575" 8 3/4" for Best Fit Range: 8.1" to 8.9" 	8" SM most common 8" MD 8" XL	7.4" 7.8" 7.9"	10.0" 10.4" 10.6"
Range: 9.2" to 9.675" Best Fit: 9.375"	9"	9.0"	12.0"
10 3/8" for Best Fit Range: 10.2" to 10.575" 10 5/8" for Best Fit Range: 10.2" to 10.825"	10" SM most common 10" LG	10.0" 10.0"	12.38" 12.5"
12 1/8" for Best Fit Range: 11.7" to 12.3"	12"	11.5"	14.5"
14 1/8" for Best Fit Range: 13.575" to 14.325" 14 3/8" for Best Fit Range: 14.0" to 14.5"	most common 14" SM 14" LG	13 3/8" 13.8"	16.3" 16.8"